



SEPTEMBER 2018



Mon	Tue	Wed	Thu	Fri
Skim Milk, Fresh Fruit, and Salad Bar offered everyday				
French Toast Sticks Bagels Cereal	Breakfast Pizza Bagels Cereal	Pancake/Waffles Bagels Cereal	Blueberry Muffins Bagels Cereal	Breakfast Sandwich Bagels Cereal
8/27	8/28	8/29	8/30	8/31
SUN BUTTER AND JELLY SANDWICH As a 4th choice	Teachers Workshop	English Muffin Pizza OR Cheeseburger Wrap OR Turkey & Cheese Sandwich	Soft beef Tacos OR Teriyaki chicken dippers OR Egg Salad Sandwich	Whole Wheat Pizza OR Raised Edge Pizza OR Ham & Cheese Sandwich
3	4	5	6	7
HOLIDAY	Chicken Tenders OR Pesto Flatbread OR Egg Salad Sandwich	Cheese Ravioli w/wheat roll OR Chicken Caesar Wrap OR Ham & Cheese Sandwich	KFC Bowl w/roll OR Chili w/cheese & wheat roll OR Tuna sandwich	Whole Wheat Pizza OR Raised Edge Pizza OR Veggie pocket
10	11	12	13	14
Toasted Cheese w/tomato soup OR Meatballs & Sauce w/wheat roll OR Ham & Cheese Sandwich	Chicken Burger on a bun OR Beef Burrito w/Spanish rice OR Veggie Wrap	Spaghetti w/meat or plain sauce w/wheat roll OR Spicy Chicken Wrap OR Tuna Sandwich	Sloppy Jeff's on a roll OR Baked Potato w/wheat roll OR Turkey & Cheese Sandwich	1/2 DAY Whole Wheat Pizza OR Raised Edge Pizza OR Cranberry Chicken Salad Sandwich
17	18	19	20	21
Cheese Quesadilla OR Chicken Quesadilla OR Tuna Sandwich	Cheesy Bread w/ dipping sauce OR Chicken Pot Pie OR Turkey & Cheese Sandwich	Chop Suey w/wheat roll OR BLTC Wrap OR Chicken Salad Sandwich	Shepherd's Pie w/wheat roll OR Teriyaki Chicken Dippers OR Ham & Cheese Sandwich	Whole Wheat Pizza OR Raised Edge Pizza OR Egg Salad Sandwich
24	25	26	27	28
Macaroni & Cheese w/wheat roll OR Chicken parmesan on a roll OR Turkey & Cheese Sandwich	Baked Fish Sticks OR BBQ chicken Flatbread OR Ham & Cheese Sandwich	Bowie Pasta w/meat or plain sauce w/wheat roll OR BBQ Chicken Wrap OR Egg Salad Sandwich	Brunch/Pancakes w/strawberries or blueberries OR Cheese Lasagna w/roll OR Chicken Salad Sandwich	Whole Wheat Pizza OR Raised Edge Pizza OR Tuna Sandwich