

Maranacook Community Middle School  
Regional School Unit 38  
2100 Millard Harrison Drive  
Readfield, ME 04355



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**"A Caring School Community Dedicated to Excellence"**

## PEANUT AND TREE NUT ALERT

Dear Parent/Guardian,

This letter is to inform you that several students in the middle school are highly allergic to peanuts and tree nuts, such as walnuts, almonds, etc. Exposure to these foods may result in the student having a life-threatening allergic reaction that requires emergency medical treatment. These students avoid foods containing peanuts and tree nuts, but exposure could also occur from contact with food residue on students' hands, desks or other shared items.

Here are some ways you can help us to provide these students with a safe school environment:

- If possible, please limit snacks and lunches that contain peanuts or tree nuts. We understand that this may not be an option for some families.
- If your child eats these foods before or during the school day, careful hand washing with soap and water will remove any peanut or tree nut residue.
- Please remind your child not to share these foods with other students, who may be allergic to them.

Our school district does not serve any foods containing peanuts or tree nuts. Cafeteria tables are wiped down after each lunch, and classrooms are cleaned in the evening by our custodians. We will educate students about food allergies and how to respond if a student has a reaction.

Thank you for your support. If you have any questions, please contact the school nurse at 685-3128 x1120.

Sincerely,  
Kristen Levesque, Principal  
Vicky Gabrion, School Nurse