

January 22nd - 25th

**Dear Maranacook Faculty and Families,**

Thank you for a great week everyone. We had an incredible unified basketball game at Cony this week and will play at Gardiner next week. If you get a chance to come watch a game please do. The athletes are amazing.

**Health Center:** What am I grateful for today? When we start to embrace gratitude, our world becomes a better place. Here are some ideas to help deepen gratitude. Journaling (taking notes about things you are grateful for), creating a gratitude jar, creating a gratitude tree, taking a gratitude walk or doing a gratitude meditation or reflection. Have a wonderful weekend!

**Robotics:** Robotics just wrapped up the competition season with a qualifying match at Cape Elizabeth HS. Both teams lost their matches by 1 point! As heart-wrenching as it was to watch we are still proud of our teams as they had only 2 months to prepare and were matched against programs that had been designing and building for this competition since last April when the format of the 2018-19 competition was announced. We are really excited to do the same when the 2019-20 format comes out at the World VEX Competition this spring.

**Math:** Alt Ed students determined the equation for the parabola created by an object thrown by a catapult. They also made the exterior door for the sugar shack.

In Honors Geometry, students are starting a project that uses shadow lengths to determine the height of tall objects using trigonometry.

**Art/Music/IA:**

Mr. Albert's students are rehearsing on Friday, January 25, at the Orion Performing Arts Center in Topsham, in preparation for the District III H.S. Music Festival with Concert Band and Chorus performances. The festival takes place this Saturday, January 26 at 3 pm at the Topsham location. Best of luck to all of Mr. Albert's talented musicians and vocalists. We are proud of your dedication and hard work!

Mr. Stockford's Engineering course has begun and is learning the complexities of CAD (Computer Aided Drafting) software. Students will be instructed in the technical aspects of CAD work and mechanical engineering. Projects will center around rapid prototyping wood-engraved designs with the CNC Router and fabrications with the school's 3D printer. Look for images to be shared in the coming weeks!

Mr. Ferrero is beginning his Fine Metals course and is introducing the design concepts and technical aspects associated with work in copper, sterling silver and brass. Students will study sawing, filing, soldering and hammering to gain experience in working on a variety of projects. Photos to follow in the coming weeks!

Jeremy Smith's Honors Studio Art students have been very busy as of late. This week, Honors Studio Art students and Gifted and Talented students in visual art were invited to learn and take part in several hours of hands-on work using lithographic printmaking techniques demonstrated by visiting artist, Jude Valentine. (website: <https://www.judevalentine.com/>)



The work that Honors Studio Art students have been pursuing this past semester involved researching value, color and texture in printmaking with attention to detail. Having Jude visit was truly a special experience and will be integral to the students who have spent many hours perfecting their studio art skills. Her visit helped to expose students that attended to Jude's professional expertise, craftsmanship and this will help them as they continue their work in portfolio development.

As the year shifts into the final months, the Honors course becomes driven by students' creating and curating selections for a culminating body of work and portfolio-driven final. The public will soon be able to view and experience the variety of creative pursuits accessible to students attending

Honors Studio Art at a March art opening at the [Art: Works on Main](#) gallery owned by UMA art faculty member, Peter Precourt. Peter has graciously invited HSA students to show their work for the entire month of March! Students are greatly excited to begin the process of planning this show and sharing their work with all of you. More information to come!

**Guidance:** Semester two started on January 22nd. Students who want to make a schedule change should see Kim or Sara by February 4th!

Believe it or not, registration for the 2019-2020 school year is upon us! Advisors will be working with students to fill out registration forms to sign up for classes. Students need to get their core class levels signed off on by their teachers and have their parents sign the form for approval. If any student has any questions, they can stop by guidance.

Guidance is welcoming a School Counseling intern, Heidi Lachance, for this semester! Heidi will be helping with all things guidance-related until May.

**Science:** Students in Mrs. Marvinney's Earth Systems classes are using tree ring and pollen data to interpret information about past climate conditions. In Mrs. O'Donoghue's chemistry classes students burned samples of food this week to determine the general caloric value of each sample. They also shared and analyzed class data from this experiment.

**Student Senate/Council: School Spirit:** Winter Carnival Shirts will be on sale beginning next week. We will have a date and prices out next week

**Student Voice:** Is hosting Eurosphere This weekend, Sat. Jan 26th Time: 8PM - 11PM

**Sustainability Committee:** Working on recycling.

**Health Center:** Working on Vaping presentation for the middle school

**Outreach:** Carnation sales begin Monday Jan 28th and continue through Feb 1st. Cost is \$1.50 for 1 \$5.00 for 4, \$10.00 for 10 Pink: Bae, Blue: Bromance, Red: Romance, Purple: Galentine, White: Secret Admirer and Yellow: Friendship.

**Sustainability Committee:** Working on recycling issues and the mural design.

**Athletics:** Andie would you please add to the newsletter by Friday afternoon.

**Monday Jan 21:** No events scheduled

**Tuesday Jan 22:** Girls JV Basketball lost to Oceanside 50-36, and Varsity lost to Oceanside 44-42  
Boys Freshman Basketball won over Oceanside 76-41, JV won 78-63, Varsity also Won 58-55

**Wednesday Jan 23:** Unified Basketball played at Cony in their first game

**Thursday Jan 24:** No events scheduled

**Friday Jan 25:** Coed Alpine at Black Mountain at 3pm

Boys Basketball will be at Home vs. Mt View Freshman at 3:30pm , JV at 5pm and Varsity at 6:30pm  
Girls JV will be away at Mt View JV at 5pm and Varsity at 6:30pm

**Saturday Jan 26:** Coed Speech/Debate at Thornton Academy at 9am

Coed High School Nordic away at Black Mountain at 11am

Hawks Hockey is Home vs. Cape Elizabeth at 1:30pm

### **The week ahead**

Monday 1/28 Special Olympics at the Sugarloaf Outdoor Center with the Nordic Team helping out  
Hawks Hockey home vs. Messalonskee at 7:20pm

Tuesday 1/29 Math NWEA

Boys Basketball away at Morse High School 3:30, 5pm, 6:30pm

Girls Basketball home vs. Morse High School 5pm and 6:30pm

Wednesday 1/30 Late Start PLC

Coed Math team at Gardiner st 3:30pm

Coed Alpine at Titcomb 4pm

Thursday 1/31 PBE Committee Meeting/Strategic Planning Committee Meeting

Unified Basketball at Oak Hill 3:30pm

Friday 2/1 Health Center Student Committee field trip to the middle school

Girls basketball at Belfast 5pm, 6:30pm

Boys BASKETBALL home vs. Belfast 5pm and 6:30pm

Dwayne Conway, Ed.D

Principal

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