

January 7th - 11th

Dear Maranacook Faculty and Families

We have had an incredible start to the new year. The winter sports season is in full swing. Hopefully we will get some more snow for the Nordic and Alpine teams.

I would like to welcome Brant Remington, our new Student Services Director to Maranacook!



New Director of Student Services



Hello, my name is Brant Remington and I am both nervous and excited to be a part of the Maranacook community. I come here by way of Lewiston High School where I was a physical education teacher, and girl's varsity soccer and lacrosse coach. Previous to Lewiston, I was a middle school math and science teacher for 15 years. I have had a lot of experiences as a coach in many different sports, at many levels, and with both genders. I have coached boys and girls soccer, Nordic skiing, girl's basketball, junior varsity baseball, girl's lacrosse, and softball. I have also worked with student council, math team, and drama club.

I was a coach here at Maranacook from 1998-2002. I was the boys JV soccer coach for two years and varsity for my last three. I also worked 5 years with the Nordic ski team as an assistant coach and trail groomer.

I live in Greene with my wife Tracy of 15 years and our 9-year-old son Brody. In my spare time I like to ride my ATV and watch a lot of soccer. I grew up in the Bethel area and graduated from Telstar High School and received my teaching degree from the University of Maine at Farmington.

My Plan

My plan is to learn as much as I can, as quickly as I can, in order to run smooth co and extra curricular activities. I don't plan on making a lot of changes to things initially as my first impressions are excellent. I will, however, work hard to promote our programs and students, and to continue the traditions and level of excellence that is synonymous to Maranacook.

Stay Connected! Get Updated!

I have created a Twitter page and a Team App for everyone to access.



@MaranacookAD

Twitter will be used for current happenings like live updates at games, reviews of performances, photos from events, and announcements on changes to schedules and events. Plus any other things going on at Maranacook that involves our students.

All the best,

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Health Center: Rich Garini, Athletic Trainer, is at the Health Center to evaluate sports related injuries on Tuesday, Wednesday and Friday afternoons. Students can sign up for an appointment through the school nurse. Rich communicates with parents and coaches as needed to ensure athletes are able to continue safely in sports participation. This service is free of charge and is provided through Maine General Sports Medicine.

Science: Earth System students have been conducting labs studying what effects rising carbon dioxide levels have on Earth. They also have began studying how the Earth's tilt and orbit causes fluctuations in the solar energy received across the globe thereby causing seasons, biomes and overall long term changes in climate. In Mrs. O'Donoghue's chemistry classes students have been discovering how the bonds and structure of its molecules affects how that material behaves. Students are also finishing a unit on chemical reactions during which they created copper II oxide by decomposing a larger molecule and they also synthesized copper II oxide by bonding copper to oxygen.

World Language: World Language has undergone several changes in the last several months. Señora Kelly Frey has returned from sick leave, and as of the first of the year is teaching all her classes. She thanks Señora Katie Cooper for the wonderful work she did with students! Herr Justin Fecteau was elected to the Maine Legislature in November, and so is currently on legislative leave. Katie Cooper is leaving Spanish to pick up German and work with his students. Monsieur Andrew Barnes is settling in with the French classes, and is enjoying his work with them. He also had a new addition to his family--a baby girl born just before Christmas.

Math: In Alt Ed Math, students are working on creating an equation to model the trajectory of an object shot from a catapult they created in their Alt Ed Science class.

In AP Calculus, students are wrapping up their unit on application of derivatives. They have learned how to use calculus to optimize situations that can be mathematically modelled. For instance, maximizing the volume of an open box when given a flat sheet of cardboard with specific length and width and cutting out the corners to make the flaps. Students figure out how much they have to cut out of the corners to maximize the volume.

English: Freshman English classes will be using a new platform in their next unit. Goosechase is a digital scavenger hunt system that tasks students with completing a series of missions related to their reading. We're excited to integrate this new technology!

Social Studies: 26 intrepid students in grades 9-12 have stepped forward with an interest in learning about global issues and geography while representing Maranacook at the United Nations Association of Greater Boston annual Model UN Conference at Northeastern University on May 16 and 17. Maranacook has been participating in Model UN Conferences since 2004. Students take on the role of a country and debate real issues facing the United Nations. Graduate University students and faculty lead the conference. Students pay for the cost of the conference on their own. We will be meeting outside of class time several times over the next few months to learn about UN procedures, research our assigned topics, and research our assigned country's background. Students partner up into 2-person delegations that work on one specific topic from the perspective of their assigned country. Not only do students debate real world global issues they have researched, but they write resolutions, make professional presentations, and engage in professional communications among delegations. One great bonus to participating is that they get to meet other students from all around New England who also participate in the conference. Aside from Maranacook, other schools that participate include The John D. O'Bryant School of Math and Science, Timberland Regional High School, Milton Academy, Central Catholic High School, Brookline High School, Boston Latin Academy, Scituate High School, and more.

Art/Music/IA:Music:

Mr. Albert's jazz band is prepping for the Winter Concert on January 31 in the High School Performing Arts Center. More details to follow.

Theater:

Play rehearsals are in full swing for the spring production of *She Kills Monsters*. Mr. Albert and Mr. Watson are sharing their knowledge of acting and working on the design of the set as well as helping students to design their own costumes.

Visual Arts:

Mr. Ferrero's Drawing I and Black and White Photography courses are working to mat and frame their best work from the semester and are presenting to their classes the culminating elements of design and execution. Mr. Ferrero's Painting students are finishing up a close up painting and beginning to goal set for the coming projects in the new semester.

Mr. Smith's Introduction to Art students are beginning new unit on One Point Perspective using graphite paper to design a room interior from 100 year in the past or future.

Mr. Smith's Honors Studio Art students are working hard to finish an edition of 6 intaglio prints, using the printing press and soy-based printing inks. They are excited to have a visiting artist attend in two weeks and share her techniques.

Mr. Smith's Digital Photography students are finishing a unit on portraits this week and preparing for their final digital portfolio presentation next week.

Guidance: The new semester starts on January 22nd! Second semester schedules will be given out next week. Students who want to change classes have until February 1st to make changes with Kim or Sara.

Student Senate/Council:

School Spirit: The committee is gearing up for Winter Carnival, and is planning on selling more Bear Cave shirts during the winter sports season.

Student Voice: The committee is planning the annual Eurosphere dance, and are looking into student safety with regards to Junior/Senior Privileges and snow days.

Sustainability Committee: The committee is working with Jeremy Smith to create a sustainability mural somewhere in the school.

Health Center: The Committee is beginning a new project, an anti-Juuling campaign.

Outreach: The committee is planning the carnation sale, and a food drive during winter carnival. is working with

School Nutrition Benefits for Families Impacted by Federal Shutdown With the federal shutdown impacting numerous Mainers, we want to remind families that applications for free and reduced-price meals may be submitted at any time throughout the school year, even during a federal shutdown. If federal employees impacted by the shutdown would like to apply for school meal benefits for their children, please complete the [Free and Reduced Meals Application](#) and return it to the school office. You may also obtain a copy by contacting your school's office.

This is a reminder that for all families, if you believe you may qualify for this program, please complete the application or contact Food Services Director Jeff Bridges at 685- 4923 ext. 1085.

ADULT ED

| Class Name | Start Date |
|---------------------------------------------|------------|
| Cardioboxing | 1/7/2019 |
| Driver's Ed | 1/8/2018 |
| Introduction to Chair Caning | 1/10/2019 |
| CDL Class B: Dump Truck or Bus | 1/14/2019 |
| Hatha Yoga NEW! | 1/14/2019 |
| Beginning Ukuele | 1/15/2019 |
| Working with your Woodland | 1/16/2019 |
| Basic Small Engine Repair | 1/22/2019 |
| Maine International Travel - NEW! | 1/22/2019 |
| Slow-Robics | 1/26/2019 |
| Cleaning with Essential Oils NEW! | 1/29/2019 |
| The Laws You Need to Know if Over 65 - NEW! | 1/29/2019 |
| Soap Making with Essential Oils NEW! | 2/5/2019 |

To register, or for more details and to view all classes, go to:

<http://maranacook.maineadulted.org> Or call the Adult Ed office at 685-4923 x1065 for more info

Athletics:

Monday Jan 7: Boys Basketball at Leavitt Lost 70-63

Girls Basketball vs. Leavitt Lost 45-60

Tuesday Jan 8: No events Scheduled

Wednesday Jan 9: SNOW DAY

Thursday Jan 10: Coed High School Nordic at Sugarloaf

Boys Basketball at Belfast WON 65-57

Girls Basketball vs. Belfast WON 56-41

Friday Jan 11: No events Scheduled

Saturday Jan 12: Coed High School Alpine at Kents Hill

Coed High School Nordic at Leavitt

Boys Basketball vs. Maine Central Institute Fresh at 10 am, JV at 11:30 am, and Varsity 1pm

Girls Basketball at Maine Central JV at 11:30am, Varsity at 1pm

Hawks Hockey home at Kents Hill vs. Gorham High School at 1pm

The week ahead

Tuesday 1/15- Intro Bear meeting for teachers new to Maranacook 2:45 Rm. 160

Wednesday 1/16 Proficiency Based Education Committee meeting central office 3:00-4:15

Board Meeting in the student center 6:30

Thursday 1/17 Leadership Team meeting 2:45 middle lab

Friday 1/18 Transition Team meeting MS conference room 1:30-2:30

Dwayne Conway, Ed.D

Principal

Class of 2022 Advisor

Maranacook Community High School

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