

May 6th - May 10th

Dear Maranacook Faculty and Families

We had an incredible prom on Saturday, May 4th. Thank you to the junior advisors for chaperoning the prom and to all the parents for catering and decorating. Students had a fantastic time and everything went off without a hitch.

A big congratulations to Hannah Woodford, Samantha Cloutier, Hailey Campbell, Jilleon Farrell, Jillian Tripp and Gabe Jones who will be graduating this Saturday from Thomas College with their Associates in Arts Degree. Pretty Amazing!! These students have worked incredibly hard since the summer of their sophomore year to help reach this milestone. Recently Channel 6 did a feature on our 6 students. We are all really proud of you!

Guidance: We will be taking up to 40 students to the NEACAC college fair at the Augusta Civic Center on 5/23/2019 from 8:30 AM to 10:30 AM. If any sophomores or juniors are interested, please stop by guidance for a permission slip and a list of colleges attending!

Health Center: May is mental health awareness month. Anxiety and depression are on the rise, especially in adolescents. Since teens are going through so many changes and may be moody at times it can be hard to recognize the warning signs of depression.

Some warning signs to be familiar with:

Social withdrawal, lack of interest in things they used to enjoy, expressing hopelessness, changes in eating habits (may be less/more), change in school performance, lack of motivation/energy, & sleeping problems.

What you can do As a parent or a caring adult:

It is important to be aware and try and help someone struggling with their mental health as soon as possible. Provide emotional support, acknowledge their struggle, encourage open conversations, and listen without judgement. Help them find a counselor to talk to and inform their PCP. If you are worried about the possibility of suicide please do not leave them alone and call the *crisis line*: Maine: 1-888-568-1112, National: 1-800-273-TALK

Math: Maranacook Alternative Program (MAP) has chickens!! They will be living in the chicken coop that was built by the MAP 2016 students. The chickens will spend the summer with our MAP teacher, Kelsea Trefethan.

Problem Solving students are learning how to make programs on their TI Graphing Calculators.

AP Calculus students are reviewing for the AP exam to be held on May 14.

World Language: The end of the year is a busy time! All languages are finishing up units and getting students prepared for final exams. The MS and HS teachers met on Wednesday to share the common assessments that each language has developed and talk about next steps for curriculum.

Spain trip 2020 has a meeting on Tuesday, May 21. There are seven students planning for their trip in March!

German teachers Sabine Labuhn (Mon, Tue, Wed) and Richard Downing (Thu, Fri) are coordinating instruction for the remainder of the school year. We anticipate that Herr Fecteau will return in the fall.

The results of the AAPPL testing are being made available to students very soon. Scores are coming back, and all students will have them by the end of the school year. Several students have not finished the test, and that must be done as soon as possible.

Technology: The technology department is getting ready for Laptop Collection. Seniors will be collected May 30th and 31st. Freshman, Sophomores and Juniors will be collected June 5th and 6th. Students should be returning the assigned laptop with the gray cover, charger and computer. They will be inspected by the tech team, if there are any costs due to damages, repairs or replacements a bill will be set home to the parent/guardian.

Senate: Senate provided a staff breakfast on Wednesday this week in appreciation of our staff. They also completed nomination of officers for the school year 2019-20.
Student Voice: met with leadership team to discuss the student dress code.

Athletics:

Monday, May 6th	Baseball Won over MCI 9-6 Softball Won over MCI 7-5 Both Girls & Boys Tennis lost to Lincoln Academy 0-5
Tuesday, May 7th	Girls and Boys Track came in 2nd place over all
Wednesday, May 8th	Baseball Won over Erskine 5-2 Softball lost to Erskine 3-4 Boys Tennis lost to Waterville 0-5 Girls Lacrosse Won in Overtime 9-8
Thursday, May 9th	Boys Tennis Girls Tennis Boys Lacrosse Varsity Won 14-1 Baseball Won 9-6

Softball Won 14-1

Friday, May 10th Boys Tennis vs Medomak at A-COPI in Augusta 4pm

Saturday, April 11th Boys Lacrosse Home vs Gardiner Varsity 10am & JV 11am
JV Baseball & Softball both Home vs Cony 10am

Upcoming Events:

5/14 Staff Meeting

5/15 Late Start Advisor

5/16 Leadership Team Meeting

5/16-5/17 Model UN Conference Field Trip

5/16-5/18 All State Music Festival Orono

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Principal

Class of 2022 Advisor

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