



NOVEMBER 2018 – District



****Sun Butter and Jelly Sandwich offered Daily****

Mon	Tue	Wed	Thu	Fri
<u>SKIM MILK, FRESH FRUIT, AND SALAD BAR OFFERED EVERYDAY</u>				
French Toast Sticks Bagels Cereal	Breakfast Pizza Bagels Cereal	Pancake/Waffles Bagels Cereal	Blueberry Muffin Bagels Cereal	Breakfast Sandwich Bagels Cereal
5	6	7	8	9
Toasted cheese w/ tomato soup Or Cheeseburger wrap or Turkey & cheese sandwich	Meatballs w savory sauce and roll or Chicken Tenders or Egg salad sandwich	Spaghetti w meat or plain sauce & roll or Corn chowder W/ roll or Ham & cheese sandwich	Shepherd's pie w/roll or BBQ chicken on a roll Or Tuna sandwich	Whole wheat pizza or Raised Edge crust or chicken salad sandwich
12	13	14	15	16
HOLIDAY NO SCHOOL	Popcorn chicken or Sweet & Sour meatballs on rice Or Turkey & cheese sandwich	Turkey dinner w/potato , gravy, peas, roll and dessert or B.L.T.C. WRAP	Soft Tacos w/ Spanish rice Or Chicken cordon bleu on a roll Or Egg salad sandwich	Whole wheat pizza or Raised Edge crust or Ham & cheese sandwich
19	21	22	23	23
Cheesy bread w/ dipping sauce or Chicken Caesar wrap or Ham & Cheese	Chop Suey w/roll Or Teriyaki chicken flatbread or Tuna sandwich	NO SCHOOL	Thanksgiving Holiday	NO SCHOOL
26	27	28	29	30
BRUNCH Waffles w/blueberries and Hash brown or cheese lasagna w/roll or Tuna sandwich	KFC Bowl w/roll or chicken pesto flatbread or Ham & Cheese sandwich	Rotini pasta w/ meat & plain sauce and roll or Rib-B-Que on a bun or egg salad sandwich	Baked breaded fish sticks or cheeseburger on a bun or Turkey & Cheese sandwich	Whole wheat pizza or Raised Edge crust or chicken salad pocket