

JANUARY 2019 - District



****Sun Butter and Jelly Sandwich offered Daily****

Mon	Tue	Wed	Thu	Fri
SKIM MILK, FRESH FRUIT, AND SALAD BAR OFFERED EVERYDAY				
French Toast Sticks Bagels Cereal	Breakfast Pizza Bagels Cereal	Pancake/Waffles Bagels Cereal	Blueberry Muffin Bagels Cereal	Breakfast Sandwich Bagels Cereal
31	1	2	3	4
NO SCHOOL	NO SCHOOL	Macaroni & Cheese w/wheat roll OR Chicken Caesar Wrap OR Ham & Cheese Sandwich	Breaded Chicken Patty on a bun OR Corn Chowder w/wheat roll OR Tuna Sandwich	Whole Wheat Pizza OR Raised Edge Pizza OR Turkey & Cheese Sandwich
7	8	9	10	11
KFC Bowl OR Hot Dogs in a roll OR Egg Salad Sandwich	Toasted Cheese w/tomato soup OR Popcorn Fish OR Ham & Cheese Sandwich	Spaghetti w/meat or plain sauce w/wheat roll OR BLTC Wrap OR Turkey & Cheese Sandwich	Shepards Pie w/wheat roll OR Parmesan Chicken on a roll OR Tuna Sandwich	Whole Wheat Pizza OR Raised Edge Pizza OR Ham Salad Sandwich
14	15	16	17	18
Cheese Ravioli w/wheat roll OR Ham Stromboli OR Tuna Sandwich	Cheeseburger on a bun OR Pesto Flatbread OR Tuna Sandwich	Bowtie Pasta w/meat or plain sauce w/wheat roll OR Spicy Chicken Wrap OR Ham Salad Sandwich	Soft Tacos OR Baked Potato w/broccoli & Cheese OR Turkey & Cheese Sandwich	Whole Wheat Pizza OR Raised Edge Pizza OR Chicken Salad Sandwich
21	22	23	24	25
HOLIDAY	Cheesy Bread OR Chili w/cheese w/corn bread OR Turkey & Cheese Sandwich	Chop Suey w/wheat roll OR Teriyaki Chicken Patty on a bun OR Tuna Sandwich	Brunch Breakfast Sandwich OR Meatballs w/sauce w/wheat roll OR Chicken Salad Sandwich	Whole Wheat Pizza OR Raised Edge Pizza OR Ham & Cheese Sandwich
28	29	30	31	1
Cheese Quesadilla OR BBQ Chicken Patty On a bun OR Ham & Cheese Sandwich	Fish Sticks OR Sweet & Sour Chicken w/rice OR Veggie Wrap	Rotini w/meat or plain sauce w/wheat roll OR Cheeseburger Wrap OR Egg Salad Sandwich	Sloppy Jeffs on a bun OR Cheese Lasagna w/wheat roll OR Chicken Salad Sandwich	Whole Wheat Pizza OR Raised Edge Pizza OR Egg Salad Sandwich